

CURRICULUM VITAE



Personal datas:

Name: **Grand Master László Harmat**
Place and date of birth: Budapest, Hungary. June 07. 1947.
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Email: nagymester@taekwon-do.hu
Web: www.taekwon-do.hu
Address: Fillér Street 70-76. H-1022 Budapest, Hungary.

Appointment: **Founder and Active President of ITF Hungary, since 1977.**

Other Positions: **2004 -2016 All European Taekwon-do Federation
Technical Committee Chairman,
1982 -2019 Hungarian All Martial Arts Federation
Senior Vice-President,
Continuously and still active Chiefinstructor since 1977 of the
Hungarian Taekwon-do Central Training Hall in Budapest.**

Educations: **Budapest High School of Sports**
Sport- Manager, Coach and Trainer Education
Uppsala University of Sweden
Art of Musical Science
Musical High School of Budapest
Professional lead guitarist
Teacher of Music on Jazz Guitar and Classic Piano

Speaking languages: **English, Swedish, Hungarian.**

Publishings: 1984 „*Taekwon-do the Art of Korean Self Defense*” Written by Grand Master Harmat, printed in Hungary by the number of 30.000 copies.
1987 „*The Weapon made from the Human Body*” co-Written by Grand Master Harmat, printed in Hungary by the number of 18.000 copies.

Promotion time of the IX.-th degree ITF Taekwon-do black belt:

15th of October 2017 – World Championships, Dublin, Ireland.

Participated on IIC-s since the former VIII.-th degree promotion:

2009 Miesbach – Germany,
2010 Budapest – Hungary,
2014 Wien – Austria.

**GM. László Harmat is the one who demonstrate Choong-Jang Pattern
in Gen. Choi's Encyclopedia.**

**Gen. Choi Hong Hi the Founder of Taekwon-do declared to GM László Harmat as
„MY SON OF TEKWON-DO AND PIONEER OF TAEKWON-DO” in his written
message at the ITF Headquarter in Wien Austria, dated the 30-th of June 2000.**

Curriculum Vitae in Taekwon-do

Grand Master László Harmat started TKD trainings at the Hungarian Military Forces in 1966. He moved to Sweden in 1968 and became one of the founding member of Swedish Taekwon-do Association in Stockholm.

Between 1971-1974 he participated on diverse Swedish and international TKD tournaments as an active member of Swedish Taekwon-do Team. Promoted to first degree black belt in Sweden 1973 by Lee Joo Suh VI.Dan First introduced and started to spread TKD in Hungary at the year of 1975. Founded and grounded the first Hungarian Taekwon-do Association in 1977 and hosted the first time Gen.Choi Hong Hi and his following Instructors. Organized the first International seminar and public demonstration with Gen Choi and his korean masters at the Sporthall of Budapest in March 1978. In July 1978 traveled to USA to participate GM Hee Il Cho's Taekwon-do Summer Camp in Los Angeles California, thereafter in September traveled further to Oklahoma City to participate on the 2-nd World Championship as the first Taekwon-do competitor from Hungary. November 1978 hosted Gen. Choi Hong Hi and GM Rhee Ki Ha in Hungary again to organize the 2nd IIC seminar in Budapest. After the course Mr. Harmat has been promoted to the 2-nd degree black belt by Gen. Choi.

In 1979-1980 he organized dozens of Championships and training Camps Nation-wide to popularize and spread the art of TKD all over in Hungary. In february 1980 he has been invited personally by General Choi Hong Hi for two months long visit in Toronto Canada to be the Founders personal student and also as a guest in his house. On the last day of his visit after the test he has been promoted to the 3-rd degree black belt by Gen Choi. In july 1982 he invited Gen. Choi together with GM Park Jung Tae and GM Rhee Ki Ha to Budapest conducting a special drawed-together technical seminar for the mixed Hungarian - Yugoslav - Polish National Teams.

In November 1982 General Choi Hong Hi visited the Hungarian TKD again, followed by the Masters: Mr. Han Sam Soo and Mr. Park Jung Taek. After a three days long seminar followed with grading, Mr.László Harmat has been promoted to the 4-th degree black belt International Instructor In 1983 he started new TKD schools in Budapest and around the country. In April 1984 he conducted the Hungarian selected TKD Team to Glasgow Scotland to participate on the IV-th ITF World Championship.

In October 20-21 1984 he organized the European Championship in Budapest Hungary with the presence of the founder of TKD Gen. Choi.

At the spring 1985 the Hungarian TKD received an invitation from the North Korea TKD Association. Under the leadership of Mr. Harmat a delegation of 22 competitors of the best hungarian TKD practitioners spent one month in Pyongyang for extremely hard technical training Camp. Conducted by Mr. Harmat the National TKD Team of 30 competitors participated on the 1987 World Championship in Athens Greece.

Between April 8-10 1988 Mr. Harmat organized the legendary VI.-th ITF World Championship in Budapest Hungary with unforgettable success.

After the World Championship in 1988 he has been promoted to the V-th degree black belt by General Choi Hong Hi in Wien Austria.

In 1994 invited Gen. Choi to Hungary to hold an IIC at the town Veszprém there he has been tested and promoted to the VI-th degree black belt.

1995 invited GM Wim Bos to Hungary to hold one of the most challenging highlevel Technical Seminar for black belts at the town Hódmezővásárhely.

At the year 2000 has been promoted to the VII.-th Dan Master Degree by Gen Choi in Wien Austria. Later in the Year in 2000, he was invited by Gen. Choi to be his helping Assistant Instructor on his IIC - arranged in Great Britain - companied with GM Wim Bos. At the autumn 2000 Master Harmat has been invited again by Gen. Choi to be his personal helping Assistant Instructor at his ITF/IIC technical seminar to be held in Wien Austria. In the Year 2001 Master Harmat organized the memorable IIC in Budapest Hungary which was conducted the last time personally by the Founder Gen. Choi and which became one of the ever greatest seminar in ITF's History. On this seminar Master Harmat became Gen Chois assistant Instructor again Since 2003 the Hungarian Taekwon-do Federation -beside of the traditional part-, concentrating even more to the popular sport-part of Taekwon-do. During the past more than 14 years, under the leadership of GM Harmat the Hungarian Taekwon-do Team -among others- participated on the following great international championships and events:

2005 Taekwon-do Supershow, Organized by Master Harmat in Budapest,
2005 AETF European Championships, Terracina Italy,
2005 ITF World Championships, Dortmund Germany,
2006 AETF European Championships, Constanca Romania,
2006 ITF World Cup, Benidorm Spain,
2007 ITF World Championships, Quebec City Canada,
2007 AETF European Championships, Poprad Slovakia,
2008 AETF European Championships, Wroclaw Poland,
2008 ITF World Cup, Riva Del Garda Italy,
2009 AETF European Championships, Benidorm Spain,
2009 AETF European Cup, Lublin Poland,
2009 Germany IIC seminar, Conducted by GM Héctor Marano in Miesbach,
2010 AETF European Championships, Skövde Sweden,
2010 Hungary IIC seminar, Conducted by GM Héctor Marano in Budapest,
2010 AETF European Cup and Congress Meeting, Bratislava Slovakia,
2011 AETF European Championships, Bratislava Slovakia,
2012 AETF European Championships, Maribor Slovenia,
2012 ITF World Cup, Brighton Great Britain,
2013 AETF European Championships, Skövde Sweden,
2013 ITF World Championships, Benidorm Spain,
2014 AETF European Championships, Riccione Italy,
2014 Austrian IIC seminar, Conducted by GM Héctor Marano in Wien,
2014 AETF European Cup, Organized by the Hungarian TKD in Budapest,
2015 IUC Seminar, Organized by the Hungary TKD Federation in Budapest,
2015 ITF World Championships, Jesolo Italy,
2015 AETF European Championships, Motherwell Scotland,
2015 Finland IIC Seminar, Conducted by GM Héctor Marano in Tampere,
2016 ITF European Championships, Tampere Finland,
2016 AETF European Cup, Cluj Napoca Romania,
2017 ITF World Cup, Organized by the Hungarian Federation in Budapest,
2017 ITF World Championships, Dublin Ireland,
2018 ITF World Cup, Sydney Australia.

Under the leadership of Grand Master László Harmat, the Hungarian Taekwon-do working untiringly for the bright future of ITF. At the present time preparing hard to Organize and Host the next World Championship again at the Year of 2023!